

Amanda's  
Recommended  
Top 5 Must  
Reads

5 Love Languages  
~ Gary Chapman

From Prison to  
Praise  
~Merlin  
Carothers

Redeeming Love  
~Francine Rivers

Winter Garden  
~Kristin Hannah

The Dove  
Keepers  
~ Alice Hoffman

And a 6th one for  
good measure

Number the Stars  
~Lois Lowry



Pictured Above: Amanda Torres

## Called to Serve...

As a business owner, wife and mom of 5, Amanda Torres knows all about serving others. Her husband Bob and their children Bert, Aurora, Bauer, Augusta (Gussa) and Agatha (Aggie) will agree that Mom is usually busy working, cheering them on at their activities, volunteering at their church and/or school or keeping their busy household going in all of the right directions.

Amanda has been an independent hairstylist for 17 years, with the last 11 years at The Source in Fargo. She was also an educator for Artec, now L'Oreal, for a number of years. One of her clients described her this way, "Amanda is knowledgeable, experienced, and passionate about what she does. She always listens to my concerns and ideas first and then offers suggestions to best suit my features."

About 2 years ago, Amanda felt a calling to use her abilities for a higher purpose. Since then she has been volunteering her hairstyling services for Hospice patients. "I felt very called to work with Hospice. I remember when my grandfather was in the hospital and how much a simple haircut made him feel so much better. I am honored to provide a simple act for people and their families."

What advice do you have for other busy moms?

My motto is "If my cup is full, I can fill other's cups. Take care of yourselves ladies."

Spending time with family, friends, cooking, reading, and knitting all fill my cup.

Call Amanda at 701-729-6260 to make an appointment.



"It's no secret that the middle school/high school years are a challenging time for kids. It's during this time that they are most likely to encounter peer pressure, bullying, cliques, and may struggle to fit in. Shocking as it may be for us as parents, middle school is also where alcohol and drugs start making their way into kids' lives. This is something that Joe has seen from both his own life experience and his background with the Cass County Drug Task Force, and a large part of why K9 Crew was founded.

## A man's best friend

"Dogs teach us many things about being a better person, that people don't teach."

K9 Crew is one of the newest 501c3 non-profits in the Fargo area. K9 Crew's mission is to provide a safe, structured environment for youth to develop skills that will foster positive decision making and build relationships. Joe & Kate Fluge (and their 3 beautiful, canine-loving daughters) are the heart and soul behind K9 Crew.

The goal at K9 Crew is to give kids the opportunity to increase their confidence and self-worth while teaching them to train dogs and establish their own dog training clients. In addition to this, the kids get to see first-hand how the bond with a dog intensifies when you work together to modify and learn new behaviors."



## K9 Crew

For information or to donate, check out [www.k9crew.net](http://www.k9crew.net), Facebook, Twitter or Instagram @k9crewfargo or by email/phone at: K9CrewFargo@gmail.com/701-799-3130.

Photos courtesy of K9 Crew.

